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NEWSLETTER – April 2024

No. 151

## **From the Chair**

Thanks to all who attended the 6 monthly briefing (General meeting) on the 18 April. For those of you who could not attend here are the main points.

- We moved some containers around the site to help form a barrier in order to reduce noise emissions for our neighbours from our firewood production.
- The contents of the containers are now organised a lot better, and we have a good idea (and records!) of what's in them.
- Peter Harkness has resigned as Treasurer and was thanked for his time in the role. The role has been picked up and shared between Peter R and John M
- The site tidy up is a work in progress. The back corner is not a jungle any longer and the timber along the fence is being sorted.
- More basecourse will be brought in in the coming weeks in an effort to prevent pooling in the car park area in front of the MenzShed Centre.
- We now have a comprehensive chart of accounts with costs set against budgets. While our accounts show a small shortfall in our income v expenditure the committee continues to monitor and manage this. There has been a general increase in costs across the board particularly in Insurance and Resource Consent application costs.
- We continue to enjoy a positive partnership with the Woodworkers Guild. We are appreciative of their \$5,000 contribution to our Resource Consent application. The application seeks to vary the current hours the MenzShed Centre can be used so it can be made available for other community groups in the evenings. This is progressing albeit slowly through the KCDC resource consent process.
- A new larger air compressor is installed and work on piping for air around the workshop is underway.
- The rear mobility access to the MenzShed Centre is almost complete. We expect code compliance sign-off will be done very soon.

Malo Soifua

Tony A

## Upcoming events

Just a memory jog of what Menzshed Activities are happening in the foreseeable future.  
Make sure you have them in your own Diary.

Event	Date	Where	Comment
<b>Recurring Events</b>			
Committee Meetings	23 May 2024 20 June 2024	@the Shed	At Noon
Sharpening tools	Last Thursday of Month	@the Shed	This is a regular event
Fresh Scones	Last Thursday of Month and whenever there is a birthday shout or any other excuse!	@the Shed	Hans and his apprentices will be producing superb scones fresh from the oven, or for anyone's birthday shout
AGM reports due for 2023-4	18 July 2024		
Nominations for committee for AGM	26 July 2024		
AGM	29 August 2024	@the Shed	

## Contact Details

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Roger Currier	Newsletter Editor	021 991617	Currier.Roger@Gmail.com



*Just got this error message on my computer, what should I do?*





## Around the Shed



*Clearing the benches away in preparation*



*Trevor Mc setting out the foundation blocks for the containers*



*Positioning the containers*



*Cliff D on the container roof attaching the crane*



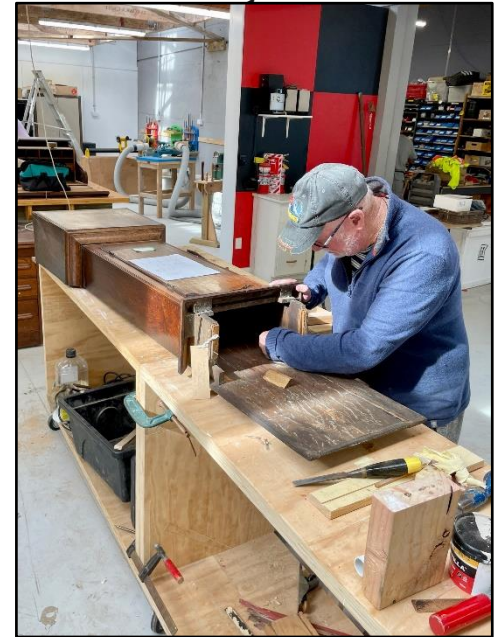
*Charlie L and Frank E working in the new working area. Keep it clean guys!*

We had always intended to erect a pole structure where the firewood-team work, and even had Resource Consent, (RC), to do it. Part of the RC was that we had to do a noise test which we had done and it told us, the firewood team were making too much noise, (not from chattering!), and we had to do something about it. The advice we got to solve the problem, was that we needed solid high barriers between us and the adjoining neighbour's properties. We were not in a position to build the proposed pole structure, so we came up with the idea of enclosing the firewood team on three sides with containers.

This we did as you see above and has turned out to be very successful. We intend to put protective roofs on the containers and maybe span the gap over the firewood team. The idea of the pole structure has not gone away but it has moved a bit further down the road.

Many thanks to all those who helped with the move.





*John D was given a grandfather clock to repair. It had been imported from the UK, and it was either in a dilapidated state or was damaged in*

*shipment, probably both.*

*The mechanical part of the clock had been removed for servicing, (grease and oil change no doubt!). The remainder was infested with woodworm, some of the panels were loose and there were bits missing. It is constructed of very thin veneered timber, (remember they did not have plywood or particle board in those days!), and they had to keep the weight down. Some panels were cracked and needed cleaning. The job has its challenges!*



*Kevin A repairing a padded chair*



*The latest Mackers shirt!*





*Paraparaumu RSA President Squadron Leader Karen Wemyss Retired RNZAF The Operational Commander of the United States Military Command, Chef Warrant Officer Andre Navarro Sargent Max Newman Vietnam Veteran and RSA Welfare Officer.*

*Max Newman approached the MenZshed to make a native timber stand to hold a green stone carved adze.*

*The completed memorial trophy to be presented to the US Marine Corps Pacific brass band from Hawaii at the end of their ANZAC visit to New Zealand.*

*The band had travelled to New Zealand for our Paraparaumu ANZAC day events at the invitation of the Paraparaumu RSA*



*A greenstone (pounamu) ornament made by Ian B for presentation to the (made the base and mounted the stone).*

*The plaque says:*

*'Presented to US Marine Corps, Pacific Band Paraparaumu Memorial RSA, New Zealand Anzac Day 25 April 2024*



*John O putting together a rocking chair where some of the rails had come loose causing the seat to twist and damage a woodern rocker*



*One of these gents has watched EVERY Dr Who series/episodes?f the other has never watched a Dr Who episode*

*Who looks the happier?*





*The broken handle with an initial pilot hole drilled through the tray base*



*The clamping arrangement to ensure accurate drilling*



*The holes fully drilled and the dowel ready for fitting*



*Job almost complete... waiting for*

A very old Malaysian tray was brought to the shed. One of the handles had been broken off. There was no other way to repair it but to simply dowel the handle back into place. The difficulty would be ensuring that the dowel hole through the tray base lined up with the hole in the handle.

Work done by Jim W

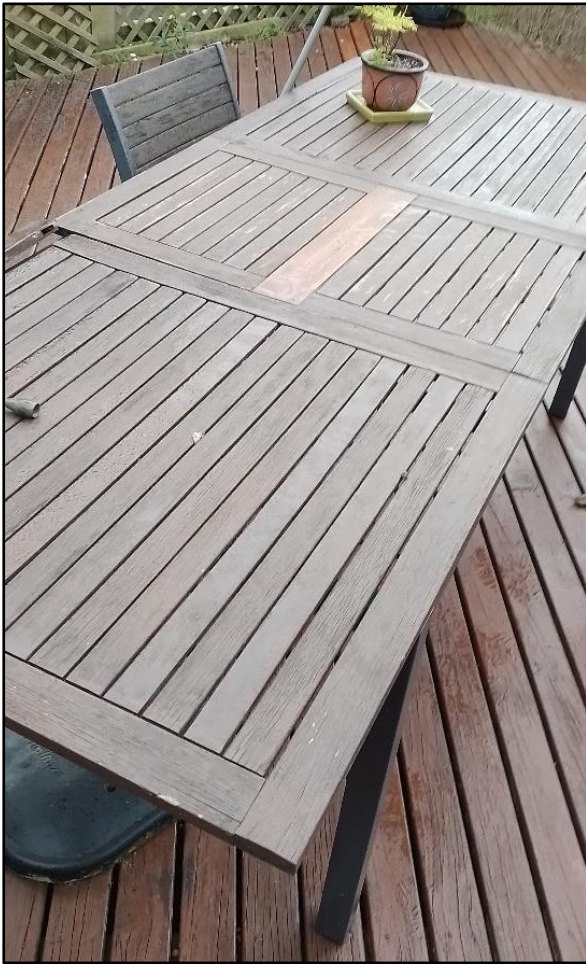


*Let us remember this important Menzshed Project – we made the crosses*



*Roger C working on a carved door head from Germany which was broken into pieces when shipping*





*Derek C fixed the table. It had some rotten parts in the middle section that he replaced and he took it to the residence to make sure it was re-installed*



*Yet another table top fixed by Derek C, the slats to a round table had rotted and had to be replaced*



*Ray N and Ian P were asked to repair a roller top desk. They found the wire guides in the top had snapped.*



*Peter H performing the deck step dance upon completion of the disabled access ramp at the back of the Administration building*



*Dennis G was asked to repair the latest electronic toileting toy. It played tunes, flashed lights and generally entertained the child whilst they did their business. Just think what this could do for adults!*



*Do you remember when the shed looked like this? This is what the forecourt used to look like after heavy rain. Looks like the work the committee organised to improve the water discharge and the large soakaway has made a big difference. Well done committee.*

*I suppose having said that I will get the blame for tempting providence!*





*This is the base of an electric motor powered pottery turntable in a dilapidated condition. It was originally constructed of some kind of fibre board which was not water proof, (not the feet in the picture on the left!), and the timber was just collapsing. Inappropriate for a wet job!*

*Graham J and Mark K had to dismantle the whole thing, take / interpolate measurements and remake the parts in marine ply. Nice job*



### The Mafia

A Mafia Godfather finds out that his bookkeeper, Enzo, has cheated him out of 10 million bucks.

His bookkeeper is deaf. That was the reason he got the job in the first place. It was assumed that Enzo would hear nothing that he might have to testify about in court.

When the Godfather goes to confront Enzo about his missing \$10b million, he takes along his lawyer who knows sign language.

The Godfather tells the lawyer, "Ask him where the 10 million bucks is that he embezzled from me."

The lawyer, using sign language, asks Enzo where is the money?

Enzo signs back, "I don't know what you are talking about."

The lawyer tells the Godfather, "He says he doesn't know what you are talking about."

The Godfather pulls out a pistol, puts it to Enzo's temple, and says, "Ask him again!"

The lawyer signs to Enzo, "He'll kill you if you don't tell him."

Enzo signs back, "OK. You win! The money is in a brown briefcase, buried behind the shed in my cousin Bruno's backyard!"

The Godfather asks the lawyer, "What did he say?"

The lawyer replies, "He says you don't have the balls to pull the trigger."

Gotta love lawyers.



*The cycling group practicing hand signals on the Hutt River Trail*



## The Garage Sale

Our annual garage sale was held on the morning of Saturday 23<sup>rd</sup> March. There was a full-on week of preparation prior, teams we selected for different stalls and jobs and every surface was groaning with the weight of stuff which we had to get rid of. Sorry I should have said 'Valuable items which we wanted to redistribute to society'. The sale was extensively advertised.

The sale started at 9am and the drive was chocker from the gate to the street. Rangihiroa Street was blocked. Stalls were manned by trembling volunteers and the gates opened, followed by a mad rush from people holding wads of notes in their hand. It was chaos, it was fun, it was profitable – we made approximately \$7,500, it left so much space in our containers that we can start collecting again for next year!

Here are some pictures to remind you and, if you did not come along, to show you what you missed!

### **Before the onslaught:**



*Hans V D H preparing the buns.  
They went like hot cakes!*



*Briefing the volunteers*



*Excited volunteers!*



*The stalls ready for action*



*David S ready for anything*



*Yane K waits in trepidation*



*Robbie McK's bird boxes and  
feeders.*



*So that's where our clamps went!*



*Which tool do I really want.*



## The onslaught:



*Waiting hordes.*



*The onslaught of the multitude*



*The Workshop was impassible*



*Haggling the price*



*What's that??*



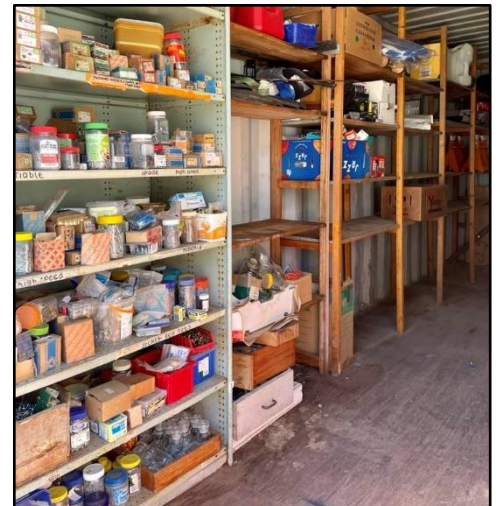
*Aftermatch debrief with liquid refreshment*



*Recovering from our injuries*



*Alan M telling one of his jokes to John F*



*A tidy container afterwards*



### **This May Be Harder Than You May Think.**

The answers will be on the tip of your tongue, but you just can't quite remember the correct answer.

Let's see how good your memory is.

Don't look at the answers yet, until the end.

Youngsters, you don't have a chance.

The answers are printed below, (after the questions) but don't cheat! Try to answer them first...

1. After the Lone Ranger saved the day and rode off into the sunset, the grateful citizens would ask, "Who was that masked man?" Invariably, someone would answer, "I don't know, but he left this behind." What did he leave behind?
2. When the Beatles first came to the U.S. in early 1964, we all watched them on The \_\_\_\_ Show.
3. "Get your kicks, \_\_\_\_!"
4. The story you are about to see is true. The names have been changed to \_\_\_\_.
5. 'In the jungle, the mighty jungle, \_\_\_\_.'
6. After the Twist, The Mashed Potato, and the Watusi, we 'danced' under a stick that was lowered as low as we could go in a dance called the '\_\_\_\_\_.'
7. Nestle's makes the very best.. \_\_\_\_\_.'
8. Satchmo was America 's 'Ambassador of Goodwill.' Our parents shared this great jazz trumpet player with us. His name was \_\_\_\_\_.
9. Who showed us how liquid get into chalk? \_\_\_\_\_
10. A Country Practice was based around the hospital in the fictional town of \_\_\_\_\_.
11. Some Americans who protested the Vietnam War did so by burning their \_\_\_\_\_.
12. The cute little car with the engine in the back and the trunk in the front was called the VW. What other names did it go by? \_\_\_\_\_ or \_\_\_\_.
13. In 1971, singer Don MacLean sang a song about, 'the day the music died.'  
This was a tribute to \_\_\_\_\_.
14. We can remember the first satellite placed into orbit. The Russians did it. It was called \_\_\_\_\_.
15. One of the big fads of the late 50's and 60's was a large plastic ring that we twirled around our waist. It was called the \_\_\_\_\_-\_\_\_\_\_.
16. Things go better with \_\_\_\_\_ !
17. Who's the leader of the club that's made for you and me? \_\_\_\_\_
18. Who knows what secrets lie in the hearts of men? Only The \_\_\_\_\_ Knows!
19. There was a song that came out in the 60's that was "a grave yard smash".  
It's name was the \_\_\_\_\_ !

What puts a "Rose in every cheek"? \_\_\_\_\_



**27<sup>th</sup> March 2024**

This year we had 12 riders, 10 from the Shed (Tony A, Noel T, Roger K, Alf C, Jim F, Ken G, Cliff D, Peter H & Craig S, Mark K, Graeme J and John M).

Tony A's usually careful route planning failed along the Porirua Cycleway. In previous trips, this cycleway was under construction, parts not fully connected and involved quite a bit of on-road travel. Now, it is possible to avoid the road from Porirua to Takapu Road by using the eastern side of the Porirua Stream and using marked lanes on a couple of quiet Tawa roads. It seems reading the cycleway signs (plenty of them) is still a developing skill for some of our number, and asking advice from non-cycling bystanders is like asking for a winning lotto ticket.

You get a different perspective of our roads when cycling: litter, poor surface quality, lack of protection from traffic (the vacuum from a B-Train at 90Km/hr is no gentle breeze). Happily, everyone navigated these sections successfully despite one of our number leaving the cycleway to confront uphill Ngauranga Gorge traffic head-on. This may not end well, I thought, but no, the Gods smiled: he is still with us today and his dog is happier for it.





*First Refuel – Plimmerton's Urban Bakery – Highly Recommended. Butter fingers was given a fresh cuppa, gratis, after failing to juggle his Trim Latte*

We managed to make a “stop/go” operator literally “hopping mad” when we passed through a Glenside Road section – having been given priority. Apparently, the kind soul at our end failed to tell his co-worker at the other end that he had given the group right of way. No animals were harmed!

The trip ended at the Railway Station at 11:27 – a great ride and quick enough considering our frequent stops. The final challenge was to get more bikes than the rules allow on the Waikanae train. Thanks to the Metro Guards all went well. The trip next year should be perfect.

John Moriarty

### **Answers to 'This May be Harder than You Think'**

- |   |  |                 |
|---|--|-----------------|
| 01 The Lone Ranger left behind... A silver bullet | 08 Louis Armstrong                                   | 15 Hula-hoop    |
| 02 The Ed Sullivan Show                           | 09 Mrs Marsh   | 16 Coke         |
| 03 On Route 66                                    | 10 Wandin Valley                                     | 17 Mickey Mouse |
| 04 To protect the innocent                        | 11 Draft Cards (Not flags, as some may have guessed) | 18 Shadow       |
| 05 The Lion Sleeps Tonight                        | 12 Beetle or Bug                                     | 19 Monster Mash |
| 06 The limbo                                      | 13 Buddy Holly                                       | 20 Vegemite     |
| 07 Chocolate                                      | 14 Sputnik   |                 |

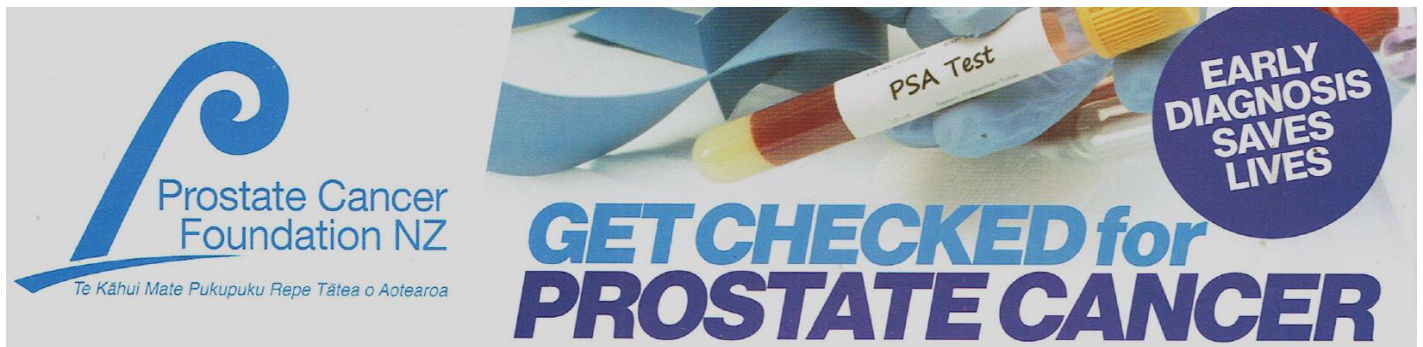
Send this to your 'older' friends, (Better known as Seniors.) It will drive them crazy! And keep them busy and let them forget their aches and pains for a few minutes.



## Get Checked for Prostate Cancer, (PC)

We had a talk given by Bill Guthrie from the Prostate Cancer Foundation of New Zealand. He was very entertaining and during the process of the talk several men owned up to having had PC. He gave us good advice the main points from this were:

- Have a medical at least once a year, you owe it to yourself and your family. Make sure your doctor does a **PSA** blood test for PC
- If your PSA rating comes back at above 6 and your doctor does not do anything about it get a second opinion.
- When you are going for your results make sure someone comes with you. It's well known that if the results are bad, and the doctor says the word Cancer, you probably won't hear or understand the next ten minutes of his message whilst you process 'cancer happening to me'. Your friend will be able to explain the rest of the diagnosis.
- If you get the bad news **do** contact the Foundation, they are very experienced and will give you good advice. They understand what you are going through,



## Prostate Cancer Foundation of NZ

- Prostate cancer is the most common cancer in New Zealand men, 1 in 8 will get it in their lifetime
- Around 4,000 are diagnosed with prostate cancer every year and over 700 die of the disease
- If you're over 40 you may be at risk of prostate cancer. Don't wait for symptoms. Talk to your doctor today!

Information service **0800 66 0800**  
[infoservice@prostate.org.nz](mailto:infoservice@prostate.org.nz) [www.prostate.org.nz](http://www.prostate.org.nz)

### SYMPTOMS

More options are available if prostate cancer is detected before it causes symptoms, so a GP visit for a check at least once a year is vital. If symptoms are present, they may include:

- Peeing more often or trouble starting and stopping
- Waking more often at night to pee
- Poor flow, dribbling, pain or burning when peeing
- Blood in pee or semen

### The PSA Test

A simple blood test that measures the level of Prostate Specific Antigen in the blood. Increased levels are a possible indicator of prostate cancer.

### The DRE Test

Your prostate is an internal organ your doctor cannot see. It can only be felt by a finger inserted into the rectum, enabling your doctor to estimate areas of abnormality.



## Click on this link!

Following my previous article on the possible dangers of clicking on risky links, I have decided to try doing a section in the newsletter showing interesting links that I have found or been given. If you find any gems on the Internet, please share them and I will put them up here, (if appropriate)! Below is an explanation on how to get the link to a YouTube video. They don't work on a printout!

- **Repairing a broken-down truck in India.** Normally, in New Zealand, we would put the truck on the back of a flat bed tow truck and take it to the garage to be fixed, (or more likely demolished in the state it was in!). In India, they dismantle it on the street, take the broken part to a street-side repair shop, fix it and bring it back to be reinstalled. [Link to broken down truck in India.](#)
- **Jim Kingshott's World of Woodwork.** Jim is an old-time joinery craftsman, and he shows what to consider and how to make hidden dovetails to drawers and boxes. [Dovetails made simple](#)
- Bench Planes: Sharpening and using them. [Bench Planes](#)
- **Veritasium**, one of my favourite sites, it's about science, education, and anything else he finds interesting. You may find this video on electronic mice solving mazes interesting and how technology has developed since its inception. [The fastest Maze-Solving competition on Earth](#)



If you like any of the above videos and want to see more from a particular developer, click on the Subscribe button, (under the YouTube), screen it will link you to all their videos. The YouTube algorithm will give you links to more similar videos.

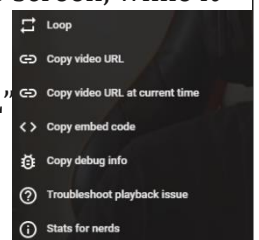
Initially tested the links and they did not work so after Googling the problem I found I needed to clear the browsing data in my Internet browser as follows:

Chrome browser (Press Ctrl+Shift+Delete simultaneously).

Microsoft Edge and other browsers, (too complicated to explain Google it)

### How to get the link to a YouTube video.

Right click anywhere on the video screen, while it is playing, and a black box like this should open up. Left click on the second item, "Copy video URL" and you should be able to paste the result into an email.



It should look something like this "https://youtu.be/xX31J9cBR2o". This is the link. Send it to me at [Currier.Roger@Gmail.com](mailto:Currier.Roger@Gmail.com). I will check it out and put it in the newsletter if suitable.



Plus a special mention of support of our MenzShed Kapiti backers, local businesses, supporters, and sponsors.



A Roof Over Our Heads



Supply of toilet &  
Plumbing Items



Serious Site Earthworks



Amenity Electrical Items



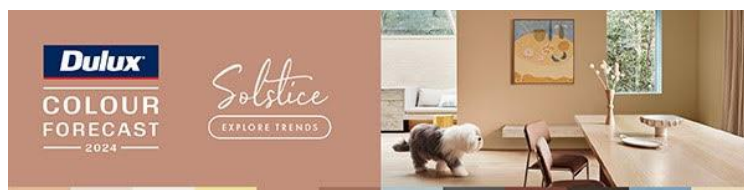
A Heatpump For Our Comfort



Waikanae Charter  
Club Community Grant



Electrical Apprentice Manpower



*We receive 10 litres of Cabots stains annually from*



Printing Our Brochures



Driving The Website



Stair tread edges and  
trims

Plus that ongoing support for our projects and community activities



Boys Toys and Just Stuff for Community Projects

Remember these magnificent people when you plan your next special project