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NEWSLETTER – May 2022

No. 140

From the Chair

I will remember for a very long time the moment I saw 1 and seconds later 2 red lines appear on the Rapid Atigen Test (RAT). I felt my body slump..... & *%\$# I have COVID!!. Within seconds my thoughts went wild as I contemplated what to do next.

Let's now wind back the clock.....the day before I was out as normal with our Wednesday MenzShed biking group, and I felt fine. When I got home I checked my phone to find a text message from a friend saying he had just tested positive for COVID. He had texted me because we had met for a beer 2 days before on ANZAC day (he is a Vietnam vet).

I immediately tested myself and the RAT was negative.....phew! I texted him my result and asked if he had contacted others we were with. He confirmed he had. That the night I started feeling cold and a little achy. First thing in the morning I did another RAT and bingo "2 red lines."

The first thing I did was texted my friend to tell him I had tested positive. I then started thinking who else I had been in contact with and where I had been in the last few days. Next, I got onto the Health Department COVID website to check what I should do.

All this all took place in a matter of minutes and all the while my mind whirled around and around thinking about all the implications of getting COVID, the obligations I had to family, friends, groups I belong to and the wider community.

After I notified everyone I had been in close contact with either personally or in the case of the Shed through the Supervisor, my thoughts went to 'another' place. I experienced some negative feelings of guilt and how people would react e.g., would they blame me if they got infected.

I admit one thought that went through my mind, was not tell anyone and come up with another reason for my absence. This prompted me to do some research about how others have reacted when they found themselves with COVID. I was relieved to find I wasn't alone.

A professional counsellor in Connecticut USA, who has worked with many individuals and families affected by the disease found aside from their worries about their own health, they are concerned that they may afflict others.....the biggest concern is fear of being shunned once others know they have the disease.

We are told by the experts that the new Omicron variant is highly infectious. Even though the vast majority of New Zealanders (including me) have been doing everything they can to comply with Government advice there is still a risk of catching it.

It is comforting to know that my reaction, thoughts, and fears when discovering I had COVID were not unusual.

The positive reaction and the concern expressed for me and my wife from those I contacted confirmed for me that I did the 'right' thing. Finally, to those I contacted initially and to those who contacted me during the isolation period to check in and offer help and support (you know who you are). Fa'afetai tele lava (thank you very much) it made a huge difference to how I dealt with COVID.

Tony A

Upcoming MenzShed Activities

Just a memory jog of what MenzShed Activities are happening in the foreseeable future. Please make sure you have them in your own Diary.

Further details will be added as they become available.

Event	Date	Where	Comment
International Bike Day	2 nd June	@the Shed	Dave W is planning
Sharpening tools	Last Thursday of Month	@the Shed	This is a regular event
Fresh Scones	Last Thursday of Month	@the Shed	Hans will be producing his superb scones fresh from the oven
Otago Medical Students	25 th Aug, 9.30 to 12.30	@the Shed	Peter B is coordinating.
Committee Meeting	18 ^h Aug	@the Shed	
Annual General Meeting	15 th Sept, 12.30	@the Shed	
Movember Judging	1 st Dec	@the Shed	
Menzshed Christmas BBQ	To be scheduled in Dec	@the Shed	Dave W is coordinating
Shed Tidyup & close down	22 nd Dec	@the Shed	Duty Supervisor



The Fancy Hat Competition

As a distraction from the hard back breaking work going on around the shed the powers that be, the committee, decided we would have a fancy hat competition. As you will see the distraction worked very well and many sheddies were only too glad to be distracted.



Cliff D in disguise



John P in his Mad Hatters attire



John C with his fruity Oz style hat



Barry I with his pith



Steven M with garden extracts



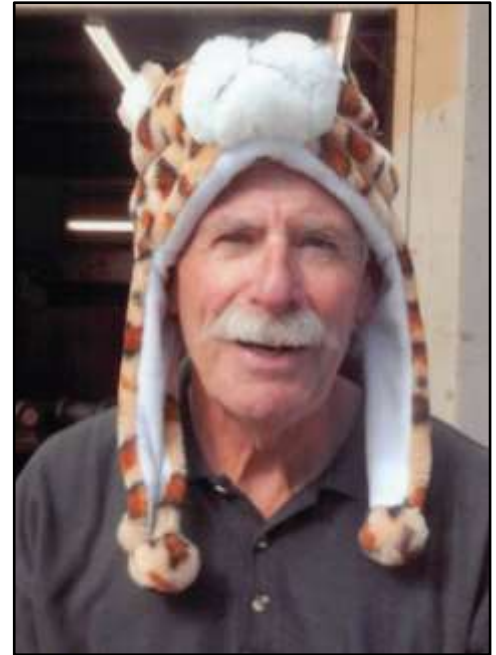
Tony with his pet jellyfish



Which party does Ray N vote for?



Keith H with combined hat and mask



Noel T keeping his ears warm



Alan W with his pet alligator



Is it a hat or a growth on Chad W's head?



Didn't realise Tony L was a hippy



Who needs plumbing fittings?



Ray W thinking of a misspent youth



David P with his hair in ringlets



Peter H as a dour Scot!



Alan M in full dress uniform



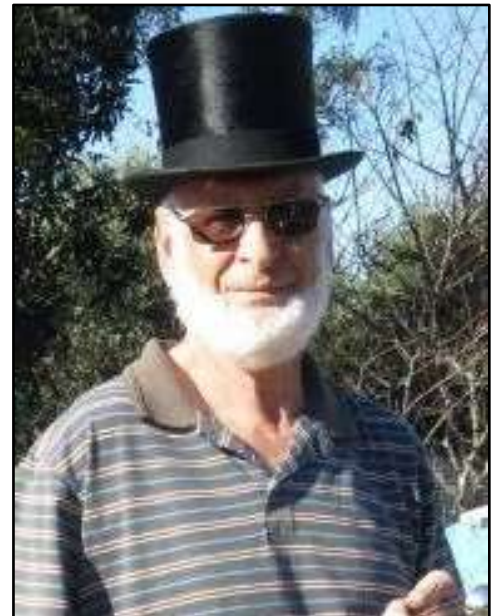
Charlie L in a hat of style



Another Peter H as a viking



Dave W in disguise



Ian G always a gentleman



I regretted buying the Escher GPS!

For those unfamiliar with Escher's work – go to
[M.C. Escher – The Official Website \(mcescher.com\)](http://mcescher.com)

WORKSHOP PROGRESS

There is little to show for all the hard work that has been going on this past month. The team have been finishing off the roof framing.

We now have purlins ready to receive the metal roofing - due mid-June, dwangs and spacers installed. Fascia and soffit boards painted and fixed. The electricians have also run the mains feeds from the Amenities block.

Around The Shed

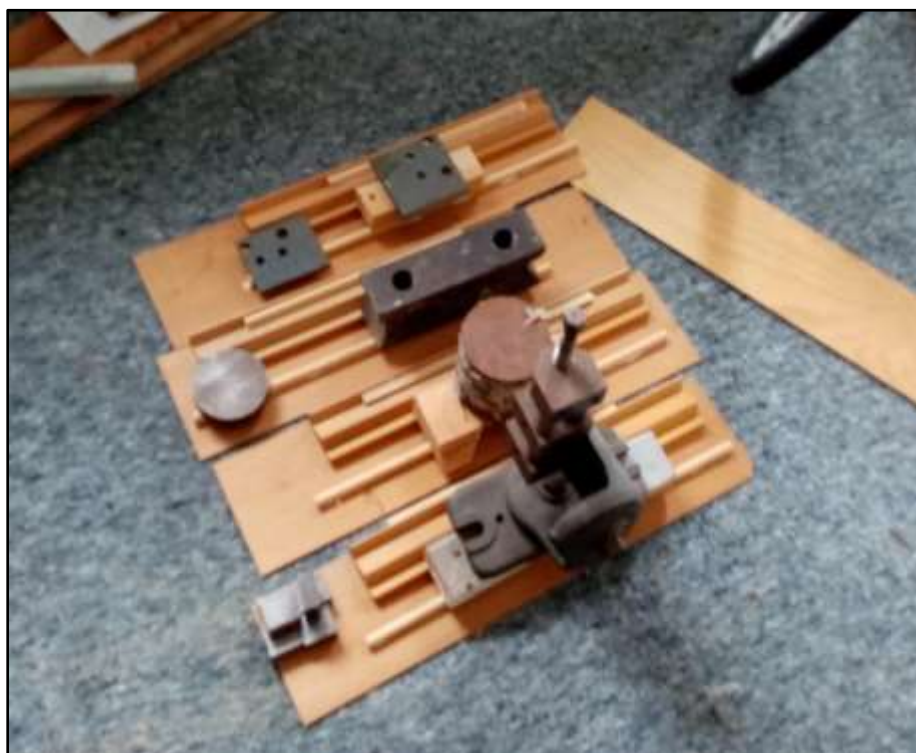
A regular collection of current shed activities



How we didn't do it!



Broken chair received and repaired in a day



6

What are these? Answer a few pages on



One of the curved bench seats which Miles Deck donated to the Menzshed along with the intellectual property.



Yane K took on the job of shortening 60 warratas as holding down pegs for rat traps



This the Lions club swear box. Ray was asked to fix its bottom and it now has a new base.
Don't think we should have a swear box!



Skip has taken on the job of making 16 mini tables for the bridge club, they are now ready for spraying



The firewood gang still at it, Charlie L, Barry I and John S.
When will it ever end?



Gerald T does an excellent job of serving coffee and chocolate fish and he still finds time to work around the shed

The three hardest things to say are:

1. I was wrong
2. I need help
3. Worcestershire Sauce



As you can see there is a lot of wood to split. Here Keith A's splitter is being used to convert a whole load of donated rounds into a greater lot of firewood. What is this thing with, the Menzshed and firewood?



Keith H did a great job of clearing a load of excreta out of one of the containers, into the trailer. When the treasure was discovered on Tuesday, it attracted shed members like bees to honey.



The things that get donated - I mean the chair!



Tony L a la mode



What are These?

They are Mahjong tile holders with the rails being glued down and held in place by weights



Dave P having a quiet sausage sandwich on fancy hat day



Derek K making up yet another seat



How to get a cheap haircut!

Camels to Mercedes

The Founder of Dubai Sheik Rashid was asked about the future of his county, and he replied, “My grandfather rode a camel, my father rode a camel, I ride in a Mercedes, my son rides a Land Rover, and my grandson is going to ride a Land Rover, but my great-grandson is going to have to ride a camel again.”

“Why is that?” He was asked

And his reply was "Hard times create strong men, strong men create easy times, easy times create weak men, weak men create difficult times. Many will not understand it, but you have to raise warriors not parasites”

And add to that the historical reality that all great empires the Persians, the Trojans, the Egyptians, the Greeks, the Romans, and in later years, the British all rose and perished within 240 years. They were not conquered by external enemies, they rotted from within.

America has now passed that 240-year mark, and the rot is starting to be visible and is accelerating We are past the Mercedes and Land Rover Years, the camels are on the horizon.

The greatest generation consisted of 18-year-old kids storming the beaches at Normandy. And now two generations later, some 18-year-old kids want to hide in safe rooms when they hear words that hurt their feelings.

They also want free stuff from the government because they think they are entitled to it.

The "camels are on the horizon” for sure. Something to ponder. History has a way of repeating itself.

Moving the chicken coop

We got yet another order for a chicken coop, so the team of chicken fanciers set to work. When at last completed and paid for it was too heavy to lift. Dozens of sheddies, heaved, grunted and shouted advice as to how it should be lifted on to Harold's trailer. Then they all pi---ed off leaving Harold S, Charlie L and Barry I to deliver and unload it. Thanks chaps. But we now have one very happy customer.



Ray N & David P checking for balance



Never miss a photo opportunity!



At last it's on the trailer



Have no fear Ray N can do it himself!



Happy customers with Harold S and Charlie L



After being married for 30 years, a wife asked her husband to describe her, He looked at her for a while, then said, "You're an alphabet wife A, B, C, D, E, F, G, H, I, J, K." She asks "What the hell does that mean?" He said, "Adorable, Beautiful, Cute, Delightful, Elegant, Fabulous, Gorgeous and Hot". She smiled happily and said ... "Oh, that's so lovely, but what about I, J, K?" He said, "I'm Just Kidding!" Memorial Service will be held Tuesday afternoon.

Repairs to Log Splitter

We found log splitter was starting to twist in the vertical wedge guide at the base. (Photo 1 and 2)

Flanges on UB were also spreading out. Removed wedge block, used its own ram to straighten block. (Photo 3 & 4).

Where beam had twisted out we used a big hammer to knock it back in and packers and a wedge to force beam flange back out. Maybe next shed purchase a Porter power (Not Dave Porter on a hammer either!)

Extended the guide blocks for wedge to place the ends closer to UB web. Tested all ok.

Thanks to Dave, Stu and other helpers.



Photo 1 & 2, it's not easy to see but the flange of the vertical UB were twisting out of line.

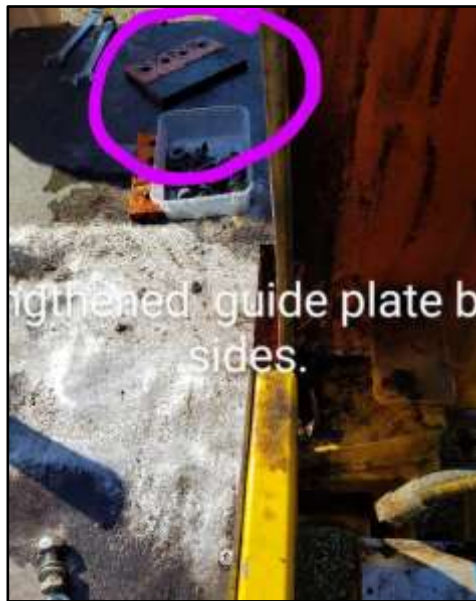


Photo 3 & 4 using ram to straighten the block



Mike E applying pressure using the hydraulic ram!



If it won't move, just use more leverage

Kapiti Food Bank Project

A report from Trevor M



So far on the building work by the MenzShed group.

Railway end wall cladding issues

Veranda build and deck to be done.

Roofing done in the next week or so.



Exterior cladding removed on two walls and reclad.

Roadside wall new cladding underway

Side wall as had 8 large windows taken out. a lot of framing done and.6 small ones put in cladding on hold till new to top flashings arrive.



A few walls removed inside, and new walls built. Office framed up; two toilets framed up

New exterior doors framed up and put in

First fix plumbing and electrical work connected by contractors

Ceilings in two areas lowered.

Most interior wall linings taken off.

Overall, it is being done by a great group of guys, a great project to be involved in. Amazing public project for our ability to be recognized for community involvement.

Cheers, The Team



Plus a special mention of support of our MenzShed Kapiti backers, local businesses, supporters and sponsors.



A Roof Over Our Heads



Supply of toilet &
Plumbing Items



Serious Site Earthworks



Amenity Electrical Items



A Heatpump For Our Comfort



Waikanae Charter
Club Community Grant



Electrical Apprentice Manpower



Printing Our Brochures



Driving The Website

Plus that ongoing support for our projects and community activities



Boys Toys and Just Stuff for Community Projects

Remember these magnificent people when you plan your next special project